



# Central High School

## Breakfast

### November 2018

			1 Chicken & Maple Syrup Waffle Sandwich Cinnamon Sugar Donut Holes	2 Biscuit & Country Gravy Powdered Sugar Donut Holes
5 Country Chicken Biscuit Powdered Sugar Donut Holes	6 Cheesy Ham & Egg Pancake Panini Cinnamon Sugar Donut Holes	7 Cheese Omelet, Tater Tots and Toast Powdered Sugar Donut Holes	8 Sausage & Pancake Wrap Cinnamon Sugar Donut Holes	9 Biscuit & Country Gravy Powdered Sugar Donut Holes
12 <i>Veterans Day No School</i>	13 Country Chicken & Cheese Breakfast Sandwich Cinnamon Sugar Donut Holes	14 Cheesy Scrambled Eggs with Tater Tots and Toast Powdered Sugar Donut Holes	15 Sausage & Cheese Quesadilla Cinnamon Sugar Donut Holes	16 Biscuit & Country Gravy Powdered Sugar Donut Holes
19 Waffles & Syrup Powdered Sugar Donut Holes	20 Glazed Cinnamon Roll Cinnamon Sugar Donut Holes	21 <i>Thanksgiving Holiday No School</i>	22 <i>Thanksgiving Holiday No School</i>	23 <i>Thanksgiving Holiday No School</i>
26 Cheesy Ham, Egg & Pancake Panini Powdered Sugar Donut Holes	27 Sausage & Pancake Wrap Cinnamon Sugar Donut Holes	28 Cheesy Scrambled Eggs with Tater Tots & Toast Powdered Sugar Donut Holes	29 Waffles & Syrup Cinnamon Sugar Donut Holes	30 Biscuit & Country Gravy Powdered Sugar Donut Holes

**A Variety of Cereals  
Served with a Grain Choice  
Available Daily**

**Daily Options  
100% Fruit Juice  
Fresh Fruit  
Fat Free White and  
Chocolate Milk**

**Student Breakfast: \$1.55  
Adult Breakfast: \$2.10  
Extra Milk: \$.55  
Extra Entrée: \$1.00**

