



Central High School Breakfast

May 2017



**Pick Two
Items
Available Daily**

**Assorted Whole
Grain Cereals and
Cereal Bars**

French Toast Sticks

**English Muffin
Half, Bagel Half
or Sliced Toast**

**Assorted Graham
Snacks**

**String Cheese
Cottage Cheese**

Assorted Yogurts

1	2	3	4	5
French Toast Sticks with Syrup Denver Frittata with Toast	Glazed Cinnamon Roll Country Chicken & Cheese English Muffin	Cheesy Sausage & Egg Breakfast Burrito Scrambled Eggs, Hash Brown Patty & Toast	Apple Bosco Stick Cheesy Ham, Egg & Potato Taco	Waffles with Syrup Country Chicken Biscuit
8	9	10	11	12
Waffles with Syrup Sausage Breakfast Pizza	Cheesy Scrambled Eggs, Hash Brown Patty & Toast Cherry Frudel	Chocolate Chip Muffin Cheesy Sausage, Egg & Potato Taco	Cinnamon Biscuit Cheesy Sausage & Egg Breakfast Burrito	Pancakes & Syrup Biscuit & Country Gravy
15	16	17	18	19
Apple Cinnamon Muffin Southwest Strata	Powdered Sugar Donut Sausage & Pancake Wrap with Syrup	Mini Pancakes with Syrup Cheese & Ham Breakfast Roll	Bagel with Cream Cheese Fiesta Egg & Cheese Sandwich	Chef's Choice
22				
Chef's Choice				

Fruit Options

Monday

Fresh Orange
Diced Pears
Grape Juice

Tuesday

Fresh Apple
Mixed Fruit
Fruit Punch Juice

Wednesday

Fresh Cantaloupe
Applesauce
Orange Juice

Thursday

Fresh Banana
Raisins
Cherry Star Juice

Friday

Honeydew Melon
Diced Peaches
Apple Juice

**Student Breakfast: \$1.45
Adult Breakfast: \$1.75
Extra Milk: \$.45**