

CENTRAL

7740 Old US 50 | Breese, IL 62230

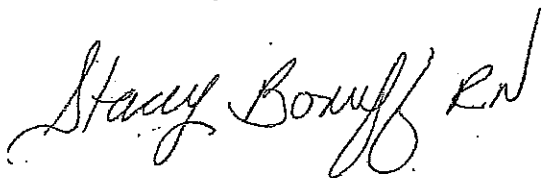
Phone: 618-526-4578 | Fax: 618-526-7647 | www.centralcougars.org

Dear Parent or Guardian:

It is an exciting time as your child prepares to transition from grade school to high school. This transition requires receiving information on various topics which can be overwhelming. Part of the required documents that must be provided to the school are in relation to your child's health. On the next page you will find a list of items that must be completed prior to your child's first day at Central. Please read through these items and plan to obtain the required physical examination and other required documentation as soon as possible after your child registers at Central. This will ensure that your child will be compliant and ready to attend on the first day of school.

Please ensure ALL required components are completed prior to turning in your child's form. If they are not, they will be returned and if not completed prior to start of school, your student may be unable to attend at the start of school. If you have any questions regarding these requirements, please contact me.

Sincerely,



Stacey Boruff, RN

Nurse of the School

Phone: 618-526-4578 ext.218

Email: sboruff@centralcougars.org

Health Records Requirements

REQUIRED

_____ Current Physical - All new students (freshmen and transfers) MUST have a current physical on file prior to the first day of school in order to be allowed to attend. This physical can be completed on the State of Illinois Certificate of Child Health Examination form or an IHSA Pre-Participation Form. The physical must comply with the following:

_____ It must be completed within the previous 365 days of the first day of the upcoming school year

_____ Include a health history which is completed and signed by the parent or guardian

_____ A completed physical examination, including diabetes screening and other required components, which is to be performed by healthcare provider

_____ Healthcare provider must print, sign, and date form along with address and phone.

_____ Immunization Records – An up-to-date immunization record must be submitted along with the physical examination. Immunization requirements do change from time to time so please double check with your healthcare provider to ensure your child is meeting all current state required immunizations. These include vaccinations against diphtheria, pertussis, tetanus, polio, measles, mumps, rubella, hepatitis B, varicella, and meningococcal disease at state define intervals. If a student is found to not be in compliance, they may be unable to attend school until all requirements are met.

_____ Athletic Examinations – If your child will be participating in sports-related activities, an athletic physical must be obtained and presented to the school prior to participating in any school related practices, including summer activities. These examinations are valid for 395 days and a new one must be obtained prior to the current one's expiration for students to continue to participate in extracurricular sports activities.

NOT REQUIRED

_____ Dental Examination – This examination is NOT required to attend, but is highly recommended.