



# CENTRAL HIGH SCHOOL

## October 2017

### THE GRILLE

#### Daily grab and Go...

- Cheeseburger
- Chicken Sandwich
- Chicken Tenders
- Deli Sandwich/Wrap
- French Fries/Tater Tots

**Assorted Fruits and Vegetables Available Daily**

2	3	4	5	6
Spaghetti & Meatballs with Breadstick Beef Soft Tacos with Rice	Fish Sticks with Mac & Cheese Chicken Parmesan Melt	Breaded Chicken Drumstick with Roll Grilled Ham & Cheese Sandwich	Chicken & Chili Crisпитos with Santa Fe Rice Southwest Turkey & Cheddar Panini	Early Dismissal No Lunch
9	10	11	12	13
Columbus Day No School	Rotini with Meat Sauce & Breadstick Chicken Burrito with Santa Fe Rice	Broccoli & Cheese Baked Potato with Pretzel BBQ Cheeseburger	Meatball Pizza Sub Spicy Beef Nachos with Cilantro Rice	General Tso's Chicken with Rice Grilled Turkey & Cheese Sandwich
16	17	18	19	20
Meatloaf with Rosemary Gravy & Roll Grilled Ham & Cheese Sandwich	Chicken Mashed Potato Bowl with Pretzel CA Ranch Chicken Sandwich	Cheesy Baked Penne with Breadstick Meatball Pizza Calzone	Tater Bite Chicken Nachos Chicken & Chili Crisпитos with Santa Fe Rice	Cajun Chili Fries Bowl with Flatbread Fish Sandwich with Cheese
23	24	25	26	27
Breaded Mozzarella Sticks with Marinara BBQ Chicken Patty Melt	Cajun Meatball Stew with Roll Lime Chipotle Chicken Burrito & Santa Fe Rice	Orange Chicken with Egg Fried Rice Chicken Parmesan Flatbread	Spaghetti Carbonara with Chicken & Bacon and Breadstick Sloppy Joe Melt	Teachers Institute No School
30	31			
Salisbury Steak & Gravy with Egg Noodles Hot Tot Wrap	Country Chicken Nugget Bowl with Savory Tortilla Crisps Beef & Pepperoni Calzone			

### THE PIZZERIA

#### Daily

**Choice of Cheese or Pepperoni Pizza with Breadstick**

**One Specialty Pizza Will Also be Available on a Daily Basis**

**Sun Butter & Jelly Sandwiches Served Daily**

**1% and Fat Free Milk Available Daily**

**Fresh Made Specialty Salads are Offered on a Daily Basis**

### Lunch Prices:

Student Lunch: \$2.60  
Extra Milk: \$.50  
Adult Lunch: \$2.90  
Extra Entrée: \$2.10

Menu Subject to Change...