

# Central High School

May 2019

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|--|--|---|--|---|
|  |  | 1<br>Sweet & Sour Chicken with Rice<br><i>Glazed Carrots</i>            | 2<br>Spaghetti with Meat Sauce and Roll<br><i>Side Salad</i> | 3<br>Early Dismissal<br>No Lunch  |
| 6<br>Chicken & Noodles with Roll<br><i>Buttery Peas</i>    | 7<br>Chicken Parmesan with Spaghetti<br><i>Buttery Green Beans</i> | 8<br>Broccoli Cheese Potato with Soft Pretzel<br><i>Glazed Carrots</i>  | 9<br>Corn Dog<br><i>Buttery Corn</i>                         | 10<br>Chick 'N' Cheese Hot Griller<br><i>Baked Beans</i>                |
| 13<br>Meatloaf & Gravy with Roll<br><i>Mashed Potatoes</i> | 14<br>BBQ Pulled Pork Sandwich<br><i>Buttery Corn</i>              | 15<br>Breaded Chicken Drumstick with Roll<br><i>Buttery Green Beans</i> | 16<br>BBQ Chicken Cheddar Melt<br><i>Steamed Broccoli</i>    | 17<br>Jumbo Ravioli with Marinara & Breadstick<br><i>Glazed Carrots</i> |
| 20<br>Chef's Choice  | 21<br>Chef's Choice  | 22<br>Chef's Choice   |  |   |
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**Cheese and Pepperoni Pizza Offered Daily**  
Buffalo Chicken Pizza Offered Monday, Wednesday and Friday



**All-American Chef Salad Available Daily**  
Variety of Fresh Salads also Available



Chicken Patty Sandwich, Cheeseburger, Spicy Chicken Patty Sandwich or Chicken Nuggets offered daily.  
Tater Tots offered daily



**A Variety of Fresh Fruits and Vegetables are Offered Daily**

To find a Summer Meals site close to you:  
CALL/LLAME (800) 359-2163  
TEXT FoodIL TO 877877  
SummerMealsIllinois.org



Monday- Beef Tacos w/Mexican Spiced Rice  
Tuesday- Chicken Nachos  
Wednesday- Chicken Tacos w/Mexican Spiced Rice  
Thursday- Beef Nachos  
Friday- Beef Tacos w/Mexican Spiced Rice

**Student Lunch: \$2.70**  
**Adult Lunch: \$3.20**  
**Extra Entrée: \$2.15**  
**Extra Milk: \$.55**

Fat Free Milk Offered Daily

This institution is an equal opportunity provider.

