

## Central Community High School Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No school	2  Beef Hot Dog on a Bun Turkey BLT Wrap Crispy Chicken Salad  Roasted Corn Cherry Tomato Mixed Canned Fruit Fresh Orange	3 Beefy Nachos w/Cheese Sauce Salsa Turkey BLT Wrap Crispy Chicken Salad Refried Beans Cherry Tomato Pineapple Tidbits Fresh Orange Homemade Brownie	4  Pasta with Meat Sauce Whole Grain Dinner Roll Turkey BLT Wrap Crispy Chicken Salad  Roasted Broccoli Cherry Tomato Applesauce Fresh Orange	5 Crispy Chicken Tenders Whole Grain Dinner Roll Turkey BLT Wrap Crispy Chicken Salad Glazed Carrots Cherry Tomato Diced Pears Fresh Orange
8 BBQ Pulled Pork Sandwich Italian Pasta Salad Buffalo Chicken Wrap Chef Salad Green Beans Baby Carrots Peaches, Diced Banana	9 Corn Dog Rice Krispie Treat Baked Beans Chicken Banh Mi Sandwich- LTO Chef Salad Baby Carrots Mixed Canned Fruit Banana	Ham Deli Sub Sandwich Kettle Potato Chips Chicken Banh Mi Sandwich- LTO Chef Salad Baby Carrots Banana Milk Choice	11 Chicken Fajitas Salsa Buffalo Chicken Wrap Chef Salad Kung Fu Carrots Baby Carrots Applesauce Banana	Sloppy Joe on a Bun Golden Crinkle Cut French Fries Buffalo Chicken Wrap Chef Salad  Roasted Broccoli Baby Carrots Diced Pears Banana
Macaroni & Cheese Whole Grain Dinner Roll Honey Mustard Ham Wrap Buffalo Chicken Salad Steamed Peas Broccoli Florets Peaches, Diced Fresh Apple	16 Cheesy Italian Flatbread Marinara Sauce Honey Mustard Ham Wrap Buffalo Chicken Salad Refried Beans Broccoli Florets Canned Tropical Fruit Fresh Apple	17 Beefy Nachos w/Cheese Sauce Honey Mustard Ham Wrap Buffalo Chicken Salad Steamed Carrots Broccoli Florets Pineapple Tidbits Fresh Apple	Popcorn Chicken Mashed Potatoes Honey Mustard Ham Wrap Buffalo Chicken Salad  Broccoli Florets Applesauce Fresh Apple	BBQ Chicken Sandwich Tater Tots Honey Mustard Ham Wrap Buffalo Chicken Salad Steamed Green Beans Broccoli Florets Diced Pears Fresh Apple Churro
Toasted Cheese Sandwich Marinara Sauce Southwest Chicken Salad Steamed Green Beans Red/Orange Bell Pepper Peaches, Diced Fresh Grapes	Grilled Ham & Cheese Sandwich Edamame Ginger Noodle Salad-LTO Southwest Chicken Salad  Steamed Corn Red/Orange Bell Pepper Mixed Canned Fruit Fresh Grapes	24 Beefy Nachos w/Cheese Sauce Salsa Edamame Ginger Noodle Salad-LTO Southwest Chicken Salad Steamed Carrots Red/Orange Bell Pepper Pineapple Tidbits Fresh Granes	25 Corn Dog Baked Beans Southwest Chicken Salad Red/Orange Bell Pepper Applesauce Fresh Grapes Homemade Brownie	26 No lunch
29  Beef Hot Dog on a Bun Kettle Potato Chips Ham Deli Sub Sandwich Chef Salad  Warm Potato Salad Baby Carrots Peaches, Diced Banana	30  Pasta with Meat Sauce Garlic Toast Ham Deli Sub Sandwich Chef Salad Roasted Broccoli Baby Carrots Mixed Canned Fruit Banana	1		









